



PRO-ACTION

ADULT
TRAINING
UPCOMING
DATES

COURSES 2020

BOOK:
WWW.PRO-ACTIONHERTS.ORG/TRAINING

PAEDIATRIC FIRST AID

1 & 2
FEBRUARY 2020

9am - 5pm

First Aid for infants and
children up to 5 years

"TAKE SOME TIME TO LEARN
FIRST AID AND CPR. IT
SAVES LIVES AND IT WORKS"
BOBBY SHERMAN

Meryfield School
Borehamwood

SAFEGUARDING FOR ALL L1

SATURDAY 29
FEBRUARY 2020

10am - 1pm

Types of abuse, duty
of care, & referral
process.

"IT IS EASIER TO BUILD
STRONG CHILDREN THAN
TO REPAIR BROKEN ONES"
FREDERICK DOUGLASS

Westmill Centre
Hitchin

SAFEGUARDING LEVEL 2 (DSL)

SATURDAY 21
MARCH 2020

9.30am - 4.30pm

Certification for
Designated
Safeguarding Lead &
managing referrals in
your organisation.

"EVERY NATION HAS A
MORAL OBLIGATION TO
SAFEGUARD THE FUTURE"
AL GORE

University of Herts
Hatfield

EMERGENCY FIRST AID

SATURDAY 28
MARCH 2020

9am - 5pm

Saving lives
Basic life support,
emergency response
& common injuries

"DO IT NOW. SOMETIMES
'LATER' BECOMES 'NEVER'"
UNKNOWN

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pto

MHFA YOUTH 2 DAY

4 & 18
JUNE 2020

9.30am - 4.30pm

Skills and confidence
to spot the signs of
mental health issues
in a young person &
offer first aid

"WHAT MENTAL HEALTH
NEEDS IS MORE SUNLIGHT,
MORE CANDOUR, MORE
UNASHAMED
CONVERSATIONS"
GLENN CLOSE

Focolare Centre
Welwyn Garden City



PRO-ACTION

ADULT
TRAINING
UPCOMING
DATES

#HYOC2020
FEB 2020
TRAINING

FOR INFO CALL
01707 276859 OR EMAIL
MEMBERSHIP@PRO-
ACTIONHERTS.ORG

INTRO TO CHILD-CENTRED ACTIVITY

THURSDAY 6
FEBRUARY 2020

9.30am - 1pm

Beginning at the centre
Child-centred principles

"YOU CAN DISCOVER MORE
ABOUT A PERSON IN AN
HOUR OF PLAY THAN IN A
YEAR OF CONVERSATIONS"
RICHARD LINGERED

Stanborough Centre
Watford

WELLBEING AWARENESS

THURSDAY 20
FEBRUARY 2020

9.30am - 1pm

Shining a spotlight on
the black dog
Wellbeing, listening,
signposting & resilience

"WHAT MENTAL HEALTH
NEEDS IS MORE SUNLIGHT,
MORE CANDOUR, MORE
UNASHAMED
CONVERSATIONS"
GLENN CLOSE

University of Herts
Hatfield

INTRO TO AUTISM & ADHD

THURSDAY 20
FEBRUARY 2020

6.30pm - 8.30pm

Empower and
encourage, giving
confidence in
supporting, strategies
& techniques

"EVERY CHILD IS GIFTED.
THEY JUST UNWRAP THEIR
PACKAGES AT DIFFERENT
TIMES" UNKNOWN

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SPOT THE SIGNS

FRIDAY 21
FEBRUARY 2020

10am - 2pm

Increase participants'
knowledge and
awareness about
youth suicide

"YOUR LIFE
MATTERS" UNKNOWN

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MHFA YOUTH 1 DAY

WEDNESDAY 26
FEBRUARY 2020

9.30am - 4.30pm

Skills and confidence to
spot the signs of
mental health issues in
a young person & offer
first aid

"THE BEST WAY OUT IS
ALWAYS THROUGH"
ROBERT FROST

Letchworth Centre for
Healthy Living